

17 Ingredients May Help Aid in Digestion:

- **Lactase:** Breaks down lactose in milk to make it possible for people with lactose intolerance to consume dairy without digestive problems.
- **Lipase:** A digestive enzyme responsible for breaking down lipids (fats), in particular triglycerides, which are fatty substances in the body that come from fat in the diet.
- **Protease (I & II):** The digestive enzymes needed to digest protein.
- **Amylase (Alpha & Beta):** The enzymes that break down starch.
- **Maltase:** Breaks down malt sugar.
- **Invertase:** Utilizes sucrose as a nutrient.
- **Cellulase:** Responsible for cycling of nutrients and used to cleave the glycosidic linkage in cellulose.
- **Glucanases:** Used to break down carbohydrates.
- **Xylanase:** Breaks down carbohydrates into Xylose, one of eight sugars that are essential for human nutrition.
- **Pectinase:** Breaks down sugar.
- **Phytase:** An enzyme that can break down the indigestible grains and oil seeds and thus release digestible phosphorus and calcium.
- **Hemicellulase:** Breaks down sugar.
- **Lactobacillus:** Converts lactose and other sugars into beneficial lactic acid.
- **Bifidum:** Essential for support of the immune system and proper function in the intestinal tract.
- **Longum:** A bacterium that keeps the digestive system running smoothly, blocks the growth of harmful bacteria, and boosts the immune system.

The Finchley Clinic

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Advice line (free for *quick* questions)
(08444 127 178)

Order Online
www.thefinchleyclinic.com

Other Products from GHT Which May Help with Digestive Difficulties

Yeast overgrowth, an imbalance of the friendly bacteria that normally line the intestinal tract may be associated with irritable bowel and food allergy symptoms. For this reason, the friendly bacteria products Threelac or Fivelac along with Flora 5 may work very effectively alongside Active Digestive Enzymes.



Because yeast overgrowth is believed to thrive in an oxygen depleted environment, Oxygen Elements Max (which also contains a small quantity of additional enzymes) may also assist Active Digestive Enzymes.

Colostrum Plus may also help with irritable bowel, leaky gut, food, allergies, intestinal bloating, gas and intestinal inflammation / gastritis concerns.

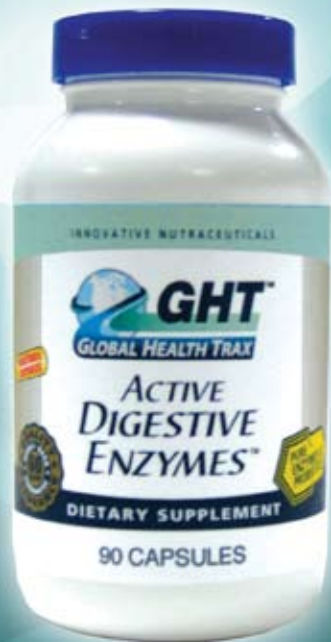


Active Digestive Enzymes

Stomach Problems? Lactose Intolerant?



May Help: Lactose Intolerance, Acid Indigestion, Acid Reflux, Diarrhea, Constipation, Bloating, Gas, IBS, Heart Burn etc.



Active Digestive Enzymes

Active Digestive has 17 ingredients, all designed to break down your food as you consume it. ADE may help you enjoy more foods with fewer unpleasant consequences. Many people enjoy dairy, eat spicy food, and live their lives without having to avoid their favorite foods.



Stomach Problems?

- **Lactose Intolerance:** The inability to digest dairy. No more ice cream, milk, cheese or whipped cream. The body needs the enzyme Lactase to properly digest dairy. If you eat dairy without Lactase, you can expect to have diarrhea, gas, and bloating that can limit your daily activities.



- **Intestinal Gas, Bloating:** May also be caused by a lack of digestive enzymes that normally help with the breakdown of foods other than lactose, so the product may be useful to those who are lactose tolerant but still experience uncomfortable digestive symptoms.

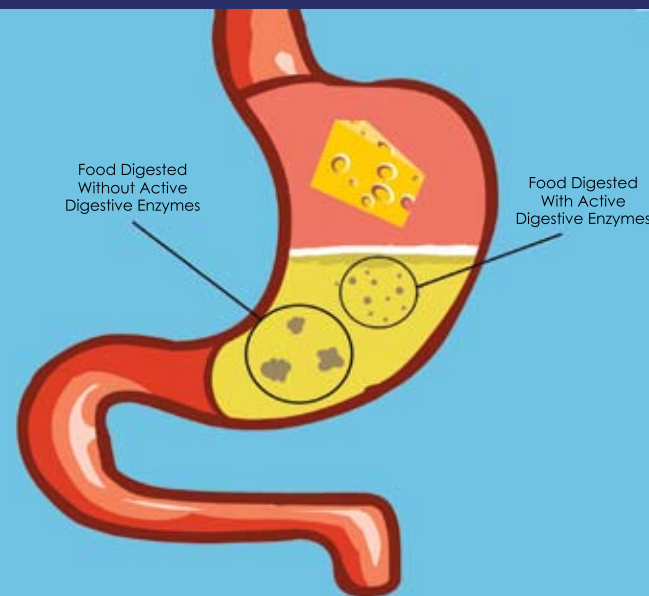
- **Acid Indigestion:** A type of indigestion involving an excess of hydrochloric acid which is produced by the stomach to break down foods, but too much “burns” the stomach walls. Frequent occurrences of acid indigestion can lead to aggravation of the duodenum or to an aggravation of the lining of the stomach.

- **Heart Burn:** A painful or burning sensation in the esophagus, just below the breastbone, caused by regurgitation of gastric acid.

- **Diarrhea:** Defined as loose, watery stools that occur frequently. You may suffer abdominal cramping and pain as well.

Diet is usually the main culprit when it comes to digestive problems. Active Digestive Enzymes may provide the answer.

How It Works



Testimonials

I have been taking Active Digestive Enzymes for about one month, and have noticed after about 10 days that I felt much better after eating and overall throughout the day.

A.C., Salem, OR

I have had lactose intolerance along with many other digestive problems in the past. As soon as I started taking ADE, my digestion problems went away. I can even eat ice cream again.

A.R., San Diego, CA