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**Colosan is Colon Hygiene-** The cleansing of the digestive tract is an important first step in any health regimen. You have to clean up before you repair and rebuild. A cleanse is the straightest path to well being and rejuvenation. By eliminating built up toxins first you provide the body with an opportunity to restore vitality. There is no better way to clear the colon than with oxygen since digestion is known to be a process of oxidation. By introducing oxygen into the intestines and the colon, one can complete the process of digestion. Colosan's action reduces unwelcome matter to carbon dioxide, waste and water.

**Catalyst or Cathartic-** The gentle oxidizing action of Colosan is a catalyst that complements the body's natural function by completing the digestive process. By comparison other forms of laxative are cathartics or purgatives. Amphetamines used as diuretics, are addictive and cause the body to dump its' valuable water. Herbal laxatives work by employing micro toxins, or small poisons, to produce the same effect of purging valuable water in order to flush the digestive tract. These two methods drain the body of necessary fluids in their attempt to wash out the system and do not contribute to good health. Another school of thought is leeching of material from colon walls using carbon and clay. The appeal of these methods speak for themselves. Fiber type laxatives like psyllium are taken to maintain regularity. Fiber is a popular and accepted method often used in conjunction with Colosan.

Colosan Caps: Toxin Elimination Better Absorption Dissolve Impaction Deter Parasites Prevent Candida Enjoy Regularity Colon Hygiene

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Digestion is a process of oxidation. Due to stress and dietary changes there is insufficient oxygen in the digestive tract to complete digestive oxidation. The result is material left behind that impairs nutrient uptake and proper elimination of toxins. Colosan Caps when taken with ample water release oxygen to gently complete the digestive process and thoroughly cleanse the colon and intestines. Do not allow unwanted material to accumulate in your digestive tract. Practice Proper Colon Hygiene - Use Colosan Regularly Colosan Caps Ninety 900 mg Vegan Capsules For a thorough cleanse oxygen is a more sensible and gentle method.

**Eliminate Toxic Waste**- Dissolve your fecal fortress which is a home base for parasites, toxins, yeast, germs, bacteria and viruses. Here they multiply and seep into your bloodstream. By eliminating the home base you can prevent poisons and pathogens from getting a toe hold on your system and help to prevent recurrences of annoying bugs. As this impaction accumulates and ferments, your body wraps it in mucous to keep it from poisoning you.

**Improve Nutrient Absorption-** By cleaning the surfaces of the intestines you can facilitate nutrient assimilation. Nature designed the intestines with a maximum amount of surface area. There are thousands of finger like projections called vili much like a shag rug. If that membrane is caked with muck not only is nutrient assimilation impaired you are reabsorbing toxins. When you're not getting what you need from what you eat your brain tells you to eat. The choice is yours health and vitality or cravings and malaise.

**Practitioners-** Many practitioners recommend Colosan be used as a first step in any detox or cleansing regimen. It helps to prevent what is commonly referred to as a healing crisis or detox reaction that individuals undertaking a cleansing will frequently encounter. This comes about as a result of cleaning out the bloodstream, lymph or organs without first cleaning the primary organ of elimination the colon. A detox reaction can be awful and can be avoided by cleaning the colon first. Practitioners familiar with natural healing employ Colosan as a valuable tool for avoiding these unpleasant episodes. It is logical to clean out the organs of elimination prior to attempting to detoxify the body. This way your lymph has a place to dump the trash. Once toxins are stirred up they will float around and create complications until they are removed. Symptoms of a healing crisis are nausea, headaches, fatigue, or pain in the liver and kidneys. With Colosan this unpleasantry is a thing of the past.

Healthy People- Rely on Colosan for keeping their colon clean. It is often the first thing to resort to if you're dragging, not feeling well or sense a bug coming on. Colosan Caps are a reliable and convenient way to make amends for life's excesses and get back on track. You'll get used to the clean aerobic feeling and increased energy. You'll have less waste and better nutrient uptake when you practice proper colon hygiene.

**Heavy People**- Develop a tremendous loyalty to Colosan because it is a quick way to dump a few pounds of build up but more importantly release excess fluids which helps reduce bloating. When you clear the colon of impacted material the liver and lymph drain - it's not weight loss its waste loss. The average person has six to twelve pounds of putrefaction rotting away in their gut that causes fluid retention of an even greater amount. You can tame cravings when you remove the residuals of addictive substances like fat, sugar, caffeine, nicotine and alcohol.

**Colon Therapists-** Love Colosan because it enables them to clean the entire 21 feet of the digestive tract as well as loosening the impacted material in the colon. By giving Colosan to their patients prior to the colonic they can effect a more thorough irrigation. The combination of Colosan and a colonic is the secret of those who are 75 and really alive as well as an intelligent approach for those who take colon health seriously.

**Yeast Sufferers-** Revere Colosan saying that it is the only thing that restores sanity and brings them calming relief from bouts of severe yeast. Colosan dissolves the crud that the yeast is growing in and creates an aerobic environment where beneficial flora can thrive and keep candida in check.

Distributed by: The Finchley Clinic 020 8349 4730 **Use Colosan Capsules-** Take one capsule for every 25 pounds of body weight with an eight ounce glass of water. Women should take one capsule - plus one capsule for every 25 pounds of body weight. One or two capsules can be taken as a stool softener. COLOSAN Capsules are a long awaited form of the incredibly popular - COLOSAN the powdered colon cleanser that health enthusiasts have been using for years.







# <u>COLOSAN for Proper Colon Hygiene</u>

## **Digestion & Oxidation**

The average person is walking around with anywhere from six to twelve pounds of undigested material fermenting in their intestines and colon. Digestion is a process of oxidation. That is why we give off heat, carbon dioxide and sulfur dioxide. Just like a car engine when there is improper oxidation some of the fuel gets left behind as a residue. In the digestive tract, there is a similar build up of partially digested gunk. In an automobile when you add oxygen to the fuel mixture the built up materials are burned off or oxidized. You can do the same for your body. As these materials accumulate and subsequently begin to rot, your body wraps them in mucous to keep them from poisoning you. Colosan turns the accumulation and the mucous into carbon dioxide and water that are gently eliminated. It is unimaginable to think of going one week without the use of a toothbrush or toilette tissue. Yet, when was the last time you thought about cleaning the twenty feet in between? Do you think it's any cleaner? It's a simple fact, people rarely clean where they cannot see and that is where problems begin.

## Somewhere to Hide

Your impacted material is home base to four of the most dangerous threats to your health. Number one, it is where toxins accumulate. For example

when you are behind a bus in traffic, the exhaust gets in your saliva and sinus, then you swallow and that chemical soup is absorbed into the impacted material and eventually leaches toxins into your bloodstream. Second, it is where virus' and bacteria hide when your immune system chases them out of your bloodstream. There they breed and re-infect. Third, the impacted material is a fecal fortress for parasites to reside in and an ideal garden for the overgrowth of undesirable flora such as candida. By using Colosan to oxidize and eliminate this impacted material, you are eradicating the home base to four of the largest assailants to your health and giving them nowhere to hide.

#### Assimilation and Elimination

Colosan is also vital to the operation of two very important gut functions - assimilation and elimination. The colon is approximately three to five feet long. The walls of it are reasonably smooth and it is primarily an organ of elimination. If the colon is clogged with mucous and undigested material, the function of elimination is impeded. Many practitioners recommend health regimens that involve the detoxification of the liver, kidneys, the bloodstream, and the lymph. However, if the colon is not cleaned first, these systems have nowhere to empty to and back up. This creates a feeling of malaise known as a detox reaction, or healing crisis. These episodes are unpleasant and can be completely avoided by using Colosan prior to any detox regimen. By cleaning out the colon with Colosan first, it enables the detoxification regimen to proceed without impediment and, in fact, can be pursued more aggressively and to better effect.

The intestines are approximately twenty feet long. Nature designed them with a maximum amount of surface area for absorption. The inside of the intestines consists of villi. These are hundreds of finger-like projections making the internal texture of the intestines much like a shag rug. When the

Distributed by: The Finchley Clinic 020 8349 4730 villi get pasted down with mucous and impacted material they are less able to absorb nutrients from food or get maximum benefits from your supplementation. Instead, you are reabsorbing toxins from the impacted material as it ferments. By cleaning out the intestines, shampooing that shag rug as it were, you enable yourself to get the maximum benefit out of the food that you eat and the supplements that you take. It is also a wonderful way to reduce bloat and relieve that lousy tired feeling one gets from absorbing poisons into the bloodstream through the intestines instead of nutrients.

## **Common Use**

Colosan is a powder. It is oxygen and ozone bonded to magnesium. A heaping teaspoon is dissolved in a glass of water. Colosan is followed by the juice of half a lemon, squeezed into the same glass with a dash more water. Colosan releases a tremendous amount of oxygen and ozone in the intestines and colon for the purpose of cleansing.

When a person first gets a jar of Colosan, they will take it two or three times a day for a week for an initial cleanse, after which an individual would be inclined to take it weekly for maintenance or daily for general health and regularity. It is preferable to take Colosan on an empty stomach and wait about an hour before eating anything else. The lemon juice assists the hydrochloric acid in your stomach to cause Colosan to release oxygen. This simple reaction allows it to pass into your intestines and your colon guickly. There

> are three times a day when most people find that they have an empty stomach and will not be consuming anything for an hour. These are first thing in the morning, around five o'clock in the afternoon and right before bed.

#### Proper Colon Hygiene

Colosan is widely regarded by Practitioners as the most thorough, gentle cleanse that utilizes and complements the body's natural process of oxidative digestion. It is preferred to herbal micro toxins and amphetamines which purge the body of valuable water. It is also preferable to fiber as in psyllium, bentonite clay, and granular activated carbon which all attempt to scrape or leach the impaction out rather than oxidize it as Colosan does. It is a good idea to stick with tradition as for centuries man has been using oxygen for digestion and clay and fiber to make bricks.

Colosan is a thorough cleanser. That means it will help you to empty undesired materials from your intestines and your colon once they are reduced into carbon dioxide and water. One can expect copious, aqueous stools but

should not experience gas as all reactions take place in solution. This is to be distinguished from diarrhea where by diuretic action or microbial invasion the body purges itself of valuable fluids and there is a sense of urgency. With Colosan, you will have no sense of urgency - one more reason why it is the colon hygiene product of choice. In fact, Colosan is used by many colon hydrotherapists as an adjunct to their colon irrigations or colonics, because it allows them to clean the intestines as well as the colon. Just as its' been said for centuries that death begins in the colon -With proper colon hygiene health, vitality and longevity can begin in the colon.

Take your Colosan today.





Colosan is a proprietary blend of various oxides of magnesium designed to gently release oxygen in the digestive track for the purpose of cleansing. Useful Information: Store in a cool dry place. Close lid tightly. Follow the directions. Colosan can be used safely 2 to 3 times daily for an initial cleansing period after which once or twice weekly or once daily for maintenance. Directions: Place one full teaspoon in a glass of water. Stir thoroughly and drink. Once the glass is empty squeeze 1/2 lemon into the same glass, stir and drink. Colosan should be consumed on an empty stomach and then wait about an hour after consumption before eating. 1 oz apple cider vinegar can be used to replace the lemon.

# CONTENTS: 200 GRAMS