



For Thorough Colon Cleansing

Gunk in Your Guts...

The average person is walking around with anywhere from six to twelve pounds of undigested material fermenting in their intestines and colon. Just like a car engine when there is improper oxidation some of the fuel gets left behind as a residue. In the digestive tract, there is a similar build up of partially digested gunk. In a car when you add oxygen to the fuel mixture the built up materials are burned off or oxidised. You can do the same for your body. As these materials accumulate and subsequently begin to rot, your body wraps them in mucous to keep them from poisoning you. Colosan turns the accumulation and the mucous into carbon dioxide and water that are gently eliminated. It is unimaginable to think of going one week without the use of a toothbrush or toilet tissue. Yet, when was the last time you thought about cleaning the twenty feet in between? Do you think it's any cleaner?

Detoxification

Most colon therapists believe that the impacted material accumulated in the colon allows toxins to accumulate, and viruses, bacteria and undesirable fungi such as candida albicans to breed and proliferate. This toxic environment is also thought to allow intestinal parasites to flourish. By oxidising and eliminating the impacted material in your colon, Colosan may help eradicate these assailants to your health.

Eliminating Waste

Many practitioners recommend health regimens that involve the detoxification of the liver, kidneys, bloodstream, and lymph. However if the colon is clogged up with mucous and impacted material, these procedures are less effective, and may also cause what is known as a healing crisis or detox reaction, which can leave you feeling lousy. This can nearly always be avoided by cleansing the colon with Colosan. Colosan can enable the detoxification regimen to proceed without impediment and be more effective. It can also enable improved absorption of food and any other health supplements you are using. It can also be a wonderful way to eliminate constipation and reduce bloating.

Easing Fatigue

By oxygenating the body and cleansing the colon at the same time with colosan, many people often notice a distinct increase in energy, vitality and clear headedness.

Colon Cleansing

Colosan is widely regarded by practitioners as the most thorough, gentle cleanse that utilises and complements the body's natural process of oxidative digestion. It is preferred to herbal micro toxins and amphetamines which purge the body of valuable water. Colosan is also preferable to psyllium fibre, bentonite clay, and granular activated carbon which all attempt to scrape or leach the impaction out rather than oxidise it.

Colosan will help you to clean out undesired materials from your intestines and your colon which are then reduced into carbon dioxide and water. You can expect loose stools but should not experience gas providing it is taken as suggested on an empty stomach and with plenty of water. This is to be distinguished from diarrhea where by diuretic action or microbial invasion the body purges itself of valuable fluids. Colosan is recommended by many colon hydrotherapists as an adjunct to their work. Just as it's been said for centuries that death begins in the colon, health, vitality and longevity can also begin in the colon.

Facts About Colosan

- Colosan is a proprietary blend of various oxides of magnesium designed to gently release oxygen in the digestive tract for the purpose of cleansing and oxygenation.
- The more that is taken, the stronger the oxygenating and bowel opening effect that will occur.
- There is no official dosage, but typically people take about 2 - 3 heaped teaspoons per day for an initial 7 day cleanse, and then take 1 teaspoon per day as often as is needed for cleansing and regularity. The dosage can and should be adjusted according to individual need. Take a higher dosage if using to purge the bowels, and take less if you just want to encourage regularity.
- Directions: Place the powder in a full glass of water. Stir thoroughly and drink. Once the glass is empty squeeze 1/4 to 1/2 of a lemon or lime or 1oz. diluted apple cider vinegar into the same glass, stir and drink.
- Take on an empty stomach, and avoid food for at least 45 minutes afterwards. The times when most people find this to be the easiest are usually first thing in the morning, or just before bed. Taking the lemon juice immediately afterwards assists your stomach acid in releasing the oxygen.
- Directions for capsules: See reverse side of page.
- Contents: Colosan Powder, 200g, Colosan Capsules, 120 capsules 900mg per cap.
- Ingredients: Magnesium, Oxides of Oxygen.
- Colosan Capsule additional ingredients: Vegan capsule, Citric Acid.
- Colosan and Colosan Capsules are vegan.



The views expressed in this document should not be construed as a replacement for medical diagnosis, advice or treatment.



Colosan in Vegan Capsules.... For Travellers & Busy People on The Move

Colosan is Colon Hygiene - The cleansing of the digestive tract is an important first step in any health regimen. You have to clean up before you repair and rebuild. By eliminating built up toxins first, you provide the body with an opportunity to restore vitality. There is no better way to clear the colon than with oxygen due to its effectiveness and gentleness. Colosan reduces unwelcome matter to carbon dioxide, waste and water.

Promoting Regularity - The gentle oxidising action of Colosan is a wonderful natural laxative. By comparison other forms of laxative are cathartics or purgatives. Amphetamines used as diuretics, are addictive and cause the body to dump its' valuable water. Herbal laxatives work by employing micro toxins, or small poisons, to produce the same effect of purging valuable water in order to flush the digestive tract. These two methods drain the body of necessary fluids in their attempt to wash out the system and do not contribute to good health. For a thorough cleanse, oxygen is a more sensible and gentle method. Constipation also creates a perfect environment for candida, bacteria, germs and other toxins. By eliminating the sluggish bowels with Colosan, you can prevent these micro-organisms from proliferating.

Improve Nutrient Absorption - Cleaning the surfaces of the intestines can improve nutrient assimilation. Nature designed the intestines with a maximum amount of surface area. There are thousands of finger like projections called villi. If the villi are caked with muck, nutrient assimilation is impaired.

Practitioners - Many practitioners recommend Colosan as a first step in any detox or cleansing regimen. It helps to prevent what is commonly referred to as a healing crisis or detox reaction that individuals undertaking a cleansing will frequently encounter. This comes about as a result of cleaning out the bloodstream, lymph or organs without first cleaning the primary organ of elimination - the colon. By cleaning out the colon with Colosan or Colosan Capsules, this unpleasantness is a thing of the past.

Healthy People - Rely on Colosan for keeping their colon clean. It is often the first thing to resort to if you're lacking energy, not feeling well or sense a bug coming on, Colosan Caps are a reliable and convenient way to make amends for life's excesses and get back on track. You'll love the clean aerobic feeling and increased energy

Heavy People - Develop a tremendous loyalty to Colosan because it can be a quick way to flatten the tummy and lose weight. (in actual fact this is waist loss as well as waste loss rather than weight loss). The average person has six to twelve pounds of putrefaction rotting away in their gut that causes fluid retention of an even greater amount. Colosan clears this toxic rubbish out!

Colon Therapists - Love Colosan because it enables them to clean the entire 21 feet of the digestive tract as well as loosening the impacted material in the colon. By giving Colosan to their patients prior to the colonic they can effect a more thorough irrigation. Taking Colosan after a colonic continues its beneficial effects.

Candida Yeast Sufferers - Revere Colosan saying that it is the only thing that restores sanity. Colosan dissolves the crud that the yeast is growing in and creates an aerobic environment where beneficial flora can thrive and keep candida in check.

Dosage Suggestion - To promote regularity take 1-3 capsules daily with a glass of water. Colosan should be consumed on an empty stomach first thing in the morning or last thing at night. Leave at least 30 minutes before eating. 1-3 capsules per day is sufficient for most people, but you can increase dosage by one capsule per day if initial dosage doesn't work, up to 8-10 capsules per day. For one week colon cleansing, we suggest trying 4-5 capsules once (or for a

stronger effect twice) a day for a week. Adjust dosage as needed. Please note, when taking Colosan Capsules, it is not necessary to take the lemon or lime juice as recommended with the powder. However if you have low stomach acid, please add the juice of ¼ of a lemon to the water.

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Colosan Caps:

- Toxin Elimination
- Better Absorption
- Dissolve Impaction
- Deter Parasites
- Prevent Candida
- Enjoy Regularity



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UK Orderline: 0800 2800 486 or 0118 969 1402

International: +44 (0)118 969 1402

Advice Line 0871 231 7399

Int'l Advice Line +44 (0)871 231 7399

www.thefinchleyclinic.com